

## **Montrose Marlins Summer Open Time Trials July 7-8, 2017**

Held under the sanction of United States Swimming, Inc: 2017-078tt

As time permits we will be offering time trials after the regular meet concludes on Friday, July 7th and Saturday, July 8<sup>th</sup>. These time trials are being offered for swimmers trying to make cuts for the upcoming championship meets, not simply to improve their times.

Heats will be arranged by distance, with 50's first, 100's second, and so on as time permits. We will run the time trials for about 45 minutes each evening, **again, if time allows**. Heats will NOT be segregated by stroke, just by distance.

All persons participating in the time trials will need to register with the Clerk of Course before the start of Event #9 (9-10 400 Free) on Friday and before Event # 43 (11&Over 400IM) on Saturday.

All swimmers participating in the time trials will need to provide their own timers. If time permits the 400 meter events will be offered, swimmers will need to provide their own counter and timers.

The fee for each entry is \$5.00 which must be paid upon registering for the event.

Swimmers not previously entered in the meet must present their USA swimming registration to the Clerk of Course to be able to enter the time trials.

By USA Swimming rules, all swimmers are limited to a total of 5 individual events in one day of swimming.