










Legend

-  Lifeguard/paramedic personnel
-  Paramedics
-  First Aid Tent
-  Start/Finish for 5k
-  Intermediate buoy
-  Turn buoy for 1 mile & 5k courses
-  Warm Up/Cool Down area
-  Finish for 1 mile
-  Direction swimmers are swimming

5k = 6x 0.83 km loop
 1 mile = 2x 0.8 km loop
 * Since the Mile and 5k races are on different days we will change the course finish line for the mile by 195 feet to equal 0.8km.

