

## Western Slope Championships

### Time Standards

Girls			8&U	Boys		
LCM	SCM	SCY		LCM	SCM	SCY
	nQT*	nQT*	25 Free		nQT*	nQT*
nQT*	nQT*	nQT*	50 Free	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Free	nQT*	nQT*	nQT*
	nQT*	nQT*	25 Back		nQT*	nQT*
	nQT*	nQT*	25 Breast		nQT*	nQT*
	nQT*	nQT*	25 Fly		nQT*	nQT*
	nQT*	nQT*	100 IM		nQT*	nQT*

Girls			9-10/10&Under	Boys		
LCM	SCM	SCY		LCM	SCM	SCY
nQT*	nQT*	nQT*	50 Free	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Free	nQT*	nQT*	nQT*
3:55.19	3:51.99	3:28.99	200 Free	4:03.19	3:59.99	3:36.19
nQT*	nQT*	nQT*	50 Back	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Back	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	50 Breast	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Breast	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	50 Fly	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Fly	nQT*	nQT*	nQT*
4:27.49	4:24.29	3:58.09	200 IM	4:34.19	4:30.99	4:04.19

Girls			11-12 / 12&Under	Boys		
LCM	SCM	SCY		LCM	SCM	SCY
nQT*	nQT*	nQT*	50 Free	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Free	nQT*	nQT*	nQT*
3:17.99	3:14.79	2:55.49	200 Free	3:42.19	3:38.99	3:17.29
7:30.99	7:24.59	8:25.31	400/500 Free	7:30.99	7:24.59	8:25.31
24:00.99	23:40.99	23:24.97	1500/1650 Free	24:00.99	23:40.99	23:24.97
nQT*	nQT*	nQT*	50 Back	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Back	nQT*	nQT*	nQT*
3:53.26	3:50.38	3:27.58	200 Back	4:59.02	4:56.14	4:26.86
nQT*	nQT*	nQT*	50 Breast	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Breast	nQT*	nQT*	nQT*
4:33.82	4:29.02	4:02.38	200 Breast	5:07.90	5:03.10	4:33.10
nQT*	nQT*	nQT*	50 Fly	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Fly	nQT*	nQT*	nQT*
4:00.99	3:57.20	3:33.69	200 Fly	4:00.99	3:57.20	3:33.69
3:40.09	3:36.89	3:15.39	200 IM	3:59.09	3:55.89	3:32.49
8:00.99	7:54.59	7:07.56	400 IM	8:00.99	7:54.59	7:07.56

nQT\* - All Entries must include times provable by the Swims database. NT will not be accepted.

Girls			13-14	Boys		
LCM	SCM	SCY		LCM	SCM	SCY
nQT*	nQT*	nQT*	50 Free	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Free	nQT*	nQT*	nQT*
3:04.29	3:01.09	2:43.09	200 Free	3:09.19	3:05.99	2:47.59
7:03.69	6:57.29	7:54.69	400/500 Free	6:47.39	6:40.99	7:36.49
24:00.99	23:40.99	23:24.97	1500/1650 Free	24:00.99	23:40.99	23:24.97
nQT*	nQT*	nQT*	100 Back	nQT*	nQT*	nQT*
3:34.79	3:32.39	3:11.29	200 Back	3:41.39	3:38.99	3:17.29
nQT*	nQT*	nQT*	100 Breast	nQT*	nQT*	nQT*
4:02.19	3:58.19	3:34.59	200 Breast	3:53.09	3:49.09	3:26.39
nQT*	nQT*	nQT*	100 Fly	nQT*	nQT*	nQT*
4:00.99	3:57.20	3:33.69	200 Fly	4:00.99	3:57.20	3:33.69
3:24.09	3:20.89	3:00.99	200 IM	3:29.59	3:26.39	3:05.89
7:30.99	7:22.89	6:30.11	400 IM	7:30.99	7:22.89	6:30.11

Girls			15 & Over	Boys		
LCM	SCM	SCY		LCM	SCM	SCY
nQT*	nQT*	nQT*	50 Free	nQT*	nQT*	nQT*
nQT*	nQT*	nQT*	100 Free	nQT*	nQT*	nQT*
2:52.99	2:49.79	2:32.99	200 Free	2:48.89	2:45.69	2:29.29
6:47.39	6:40.99	7:36.49	400/500 Free	6:12.89	6:06.49	6:57.89
24:00.99	23:40.99	23:24.97	1500/1650 Free	24:00.99	23:40.99	23:24.97
nQT*	nQT*	nQT*	100 Back	nQT*	nQT*	nQT*
3:22.19	3:19.79	2:59.99	200 Back	3:11.39	3:08.99	2:50.29
nQT*	nQT*	nQT*	100 Breast	nQT*	nQT*	nQT*
3:52.19	3:48.19	3:25.59	200 Breast	3:32.69	3:28.69	3:07.99
nQT*	nQT*	nQT*	100 Fly	nQT*	nQT*	nQT*
4:00.99	3:57.20	3:33.69	200 Fly	4:00.99	3:57.20	3:33.69
3:15.69	3:22.99	2:53.49	200 IM	3:10.29	3:07.09	2:48.59
7:30.99	7:22.89	6:30.11	400 IM	7:30.99	7:22.89	6:30.11

nQT\* - All Entries must include times provable by the Colorado Swimming. NT will not be accepted.