

AFTERNOON PRACTICES CANCELLED AT THE COMMUNITY CENTER THIS WEEK!!!!

Practice will be moved back to the Hot Springs Pool – same schedule as last week, see below.

We apologize for the late timing of this email, but Coach Steve visited the Community Center pool this afternoon and the swimming conditions were poor due to the work the construction team is doing during the day. It was very dusty and the air was bad due to the chemical fumes, so swimming there in the afternoon's is not an option as we do not want to put our swimmers at risk with the poor air conditions. We know this is not an ideal situation with the swim meet coming up, but we urge you to continue to be patient as we all know that construction timing is not always easy to plan and delays happen.

RVR: Tuesday and Thursday, Oct 10th and 12th -Normal Practice at RVR for up valley swimmers

GSCC (Glenwood Springs Community Center) - CLOSED to all afternoon practices:

DRY LAND CANCELLED FOR THE WEEK WE ARE AT THE HOT SPRINGS POOL.

Parent Volunteers needed to help get our DEV/AG kids in and out of locker rooms and safely back to parents. Times to cover would be the four DEV/AG times on TU-W-TH at the Hot Springs, listed below. Contact Coach Steve if you can help with any of the four practice times.

- Tuesday, Oct 10th – **Hot Springs Pool**
 - DEV & AG1 4:30 – 5:30pm
 - AG2, Jr/Sr & HS Conditioning 4:30 – 6:15pm
- Wednesday, Oct 11th – **Hot Springs Pool**
 - DEV & AG1 3:00 – 4:00pm **OR** 4:30 – 5:30pm
 - AG2, Jr/Sr & HS Conditioning 3:00 – 4:30pm **OR** 4:30 – 6:15pm
- Thursday, Oct 12th - **Hot Springs Pool**
 - DEV & AG1 4:30 – 5:30pm
 - AG2, Jr/Sr & HS Conditioning 4:30 – 6:15pm
- Friday, Oct 13th – **No Practice**
- Saturday, Oct 14th – **No Practice....due to Aspen Swim Meet**
- Sunday, Oct 15th – **No Practice....due to Aspen Swim Meet**

Traveling to the Hot Springs Pool: Parking/Bus etc.

- If driving to the pool, you can park in Shuttle Lot A (former location of Bighorn Toyota), which is located on 6th Street next to Tequilas and take the FREE Shuttle bus to the pool.
 - If coming from Carbondale, park at Walmart take the bus to the Train station and walk over the bridge.
 - If coming directly from the high school, take the bus to the bridge, walk over the bridge to the pool
 - If coming from the middle school, take the Glenwood shuttle to the pool
- Important Note** - Practice times have been moved back from 15 to 30 minutes, this is so we can all enter the pool as a group. Please arrive at the pool lobby 15 minutes prior to practice time. This will be at 4:15 on Tuesday and Thursday and at 2:45 or 4:15 on Wednesday (depending on which practice time you will participate in). A coach and parent volunteers will escort the swimmers to the locker rooms 10 minutes prior to each practice. If you enter with the group there is no charge.

If you have any questions, please do not hesitate to contact me.

Coach Steve

coachsteve@teamsopris.org